



# Healthy Chick® Healthy Skin Cleansing Toner



## STEP 2 IN THE SKINCARE SYSTEM

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INGREDIENTS: DEIONIZED WATER, MAGNETICALLY-CHARGED PARTICLES, RAW APPLE CIDER VINEGAR (INCLUDING BENEFICIAL MOTHER OF VINEGAR), ALOE VERA, LEMON EXTRACT, MINT EXTRACT, CHAMOMILE, ROSE, HORSETAIL, ROSEMARY, GUMWEED, WORMWOOD, PLANTAIN, HEALTHY CHICK FLOWER ESSENCE BLEND,<sup>TM</sup> AND GIRL POWER!

Healthy Chick® Healthy Skin Cleansing Toner is a deeply cleansing formula that utilizes natural astringents and cleansers, with no detergents or harmful ingredients commonly found in other skincare products. Our ingredients are all-natural botanicals. Every component of this cleansing toner offers specific cleansing or medicinal benefits. There are no synthetics or fillers here! Further, our ingredients are organic or better, non-GMO, gluten-free, cruelty-free, and vegan.

The naturally mild astringents in Healthy Skin Cleansing Toner include raw apple cider vinegar, lemon extract, mint, rosemary, and horsetail. Some of these astringents not only cleanse but also increase blood circulation and promote healthy skin activity. Aloe vera, rose, and chamomile add further antiseptic and cleansing properties, while wormwood promotes detoxification of the body and skin. Many of these same ingredients are antibacterial and antimicrobial, both cleansing and preempting dis-ease before it occurs.

Similar to our Healthy Skin Cleanser, Healthy Chick® Healthy Skin Cleansing Toner is replete with anti-inflammatory botanicals – rosemary, aloe vera, horsetail, chamomile, gumweed, and plantain – that soothe and heal irritated skin from conditions as varied as eczema, acne, and chronic skin conditions to open wounds. Raw apple cider vinegar and lemon extract further act as exfoliants and aid the shedding of dead skin.

Many of our ingredients – including rosemary, rose, horsetail, and raw apple cider vinegar – have strong anti-aging effects. Bioflavonoids found in the tannic acid of rosemary are thought to slow the effects of aging, while antioxidant properties heal and prevent new damage. Rosemary stimulates biological processes and cell growth to reduce fine lines and wrinkles. Rose tightens pores while helping maintain a healthy pH balance, which helps to retain natural moisture, protects against environmental pollutants, and allows the therapeutic ingredients in the product to be more readily absorbed. Horsetail is another important ingredient for youthful looking skin, as it contributes to enzyme activities that allow normal collagen formation. Collagen maintains tight, wrinkle-free skin. The hyaluronic acid in horsetail encourages new cell growth to repair damaged or aged skin. Raw apple cider vinegar is rich in antioxidants that have anti-aging properties and improve circulation for healthy cell activity.

Healthy Skin Cleansing Toner is perfect for all skin types. The natural ingredients are gentle enough for sensitive skin. Ingredients such as lemon extract, rosemary, and mint address the problems of oily skin, while rose, aloe vera, and horsetail are deeply moisturizing for dry, damaged skin. Further, the anti-inflammatory, astringent, and antibacterial properties of our cleansing toner can improve chronic conditions such as acne, eczema, psoriasis, and rosacea.

Our Healthy Skin Cleansing Toner uses a base of deionized water. This water is superior to distilled water in its purity and solubility. Water deionized of mineral salts and elements such as sodium, calcium, iron, copper, bromide, and chloride leaves no residue and promotes a deep clean. This deionization process ensures that the water in Healthy Chick® products does not interfere with the active ingredients.

All Healthy Chick® skincare products are enhanced with magnetically-charged particles. This process preserves the medicinal benefits of the ingredients while making them more deeply penetrating for deeper hydration and nourishment. The Healthy Chick Flower Essence Blend<sup>TM</sup> that is added to the Healthy Chick® line energetically supports the Divine Feminine and improves body self-image, which is so important for a truly healthy chick – body, mind, and spirit!

Healthy Chick® Healthy Skin Cleansing Toner is a complete cleansing product that exfoliates while encouraging new healthy skin growth and hydration. Few products that do not require water for application, like our cleansing toner, are gentle enough to allow moisture retention and application on sensitive skin. Healthy Skin Cleanser, however, is gentle, pH balanced, and deeply nourishing. You can feel the difference with one application!

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*Girl Power, Inside and Out, At any Age!*

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